

Program: How to Integrate Coaching into Teaching? – Trainer, coach and team developer Evelyn Soidla

One-week course - total number of course contact lessons: 30 lessons (1 lesson=45 min).

1st DAY

Welcome and round table discussion. Introduction to the course.

Optional - Tallinn Old Town (UNESCO heritage site) walking tour.

2nd DAY

Language market

Energy break

Language coach identity

Lunch

Levels of change

Optional – Visit to Telliskivi Creative City - Today, it is a community platform for the Estonian creative industry. Visit to Fotografiska – it is a Stockholm-based, internationally renowned photographic art center.

3rd DAY

Reflections of the previous day. How does language coaching differ from language teaching?
Critical review of the coaching approaches (e.g. teacher/trainer challenges)

Energy break

Coaching session structure.

Lunch

Setting goals.

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4th DAY

Reflections of the previous day. Ethics. Boundaries.

Energy break

What are the skills/tools a coach needs? (e.g. the miracle questions, GROW). How to work with learners' negative feelings (fears, discomfort, anxiety, etc) that emerge during the learning process?

Lunch

Creating 'Coaching Cultures for Learning'. (e.g. empowering techniques, group dynamics, etc)

5th DAY

Reflections of the previous day.

Energy break

How can Coaching Make a Positive Impact Within Educational Settings? How to change old patterns in teaching and learning to new patterns?

Lunch

Practical implementation of coaching approaches.

Optional – Visit of Kadriorg Art Museum (built by Tsar Peter the Great of Russia as a summer residence) and its park.

6th DAY

Reflections of the previous days. The coaching continuum.

Energy break

Debriefing and closing of the course.

Signed Agreements

A signed **Erasmus+ Mobility Agreement** and a signed **Erasmus+ Quality Commitment** are prepared in detail and sent with the Confirmation and Invoice – the Course Provider’s **Certificate of Attendance** has an original signature and fully complies with Erasmus+ regulations – the Course Provider validates the Europass Mobility the Sending School completes with Course Provider details required by Erasmus+.